



HOW TO MAKE YOUR OWN LIP GLOSS

MAKING YOUR OWN LIP GLOSS WILL ENSURE THAT ONLY THE NATURAL INGREDIENTS AND COLORS, THAT ARE HEALTHY AND SAFE FOR USE ON THE LIPS AND ALSO FOR INGESTION, ARE BEING USED. THE INGREDIENTS TO MAKE LIP GLOSS ARE EASILY AVAILABLE AND ARE ALSO INEXPENSIVE. SO HAVE SOME FUN AND TALK TO AN ADULT FIRST.

HOMEMADE LIP GLOSS - BASIC INGREDIENTS

- ½ TEASPOON GRATED BEESWAX OR PARAFFIN WAX
- 2 TEASPOONS OIL (COCONUT OIL, AVOCADO OIL, COCOA BUTTER, VITAMIN E OIL, CASTOR OIL, WHEAT GERM OIL, JOJOBA OIL, SUNFLOWER OIL OR ALMOND OIL.) A COMBINATION OF TWO OR MORE OILS CAN ALSO BE USED.
- 1 TEASPOON OF HONEY
- 6 DROPS OF LEMON OR LIME JUICE
- PETROLEUM JELLY (OPTIONAL)

INGREDIENTS FOR COLOR AND FLAVOUR

TO OBTAIN THE DESIRED COLOR, YOU CAN ADD NATURAL FOOD COLORS, A LIPSTICK OF THAT PARTICULAR SHADE OR CANDY MELTS. FLAVOUR CAN BE ADDED DEPENDING ON THE ONE THAT YOU WANT, LIKE CRANBERRIES, HONEY, POWDERED DRINK MIX, ETC. IF YOU WANT TO MAKE A PLAIN SWEET FLAVOURED LIP GLOSS, SIMPLY ADD SOME LIQUID SWEETENER TO THE HOMEMADE LIP GLOSS RECIPE. IF YOU WANT A TINGE OF GLITTER IN THE LIP GLOSS, YOU CAN ADD SOME EYE GLITTER TO THE RECIPE.

MATERIALS

- SMALL BOWL
- MEASURING CUPS AND SPOONS
- LIP BALM TUBES OR SMALL TUBS
- GRATER
- WAX PAPER
- ZIP LOCK BAG

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DIRECTIONS

- STEP 1: GRATE SOME BEESWAX OR PARAFFIN WAX, USING A GRATER, ONTO THE WAX PAPER.
- STEP 2: USING A MEASURING SPOON, TAKE ½ TEASPOON OF THE GRATED BEESWAX OR PARAFFIN WAX, AND PUT IT INTO A ZIP LOCK BAG.
- STEP 3: ADD TO IT, 2 TEASPOONS OF OIL OR A COMBINATION OF ANY OF THE OILS. YOU CAN ALSO ADD SOME PETROLEUM JELLY.
- STEP 4: ADD THE COLORING AND FLAVOURING INGREDIENT TO THE MIXTURE IN THE ZIP LOCK BAG, AND SEAL THE BAG.
- STEP 5: PLACE IT IN A BOWL OF HOT WATER FOR 3-5 MINUTES, OR PLACE IT IN A MICROWAVE FOR 2 MINUTES. ONCE THE WAX AND OTHER INGREDIENTS HAVE MELTED, BLEND ALL THE INGREDIENTS TOGETHER IN THE BAG.
- STEP 6: MAKE A SMALL SLIT IN THE ZIP LOCK BAG AND EMPTY THE MIXTURE INTO THE LIP BALM TUBES OR TUBS.

USING THESE SIMPLE AND EASY, HOMEMADE LIP GLOSS MAKING INSTRUCTIONS, YOU CAN MAKE DIFFERENT TYPES OF LIP GLOSS LIQUIDS, LIKE SOFT SOLID, GLITTERED, METALLIC OR FROSTED, AND OF DIFFERENT FLAVOURS LIKE LEMON, RASPBERRY, FRUITY, STRAWBERRY, CRANBERRY, ORANGE, COCOA, ETC. YOU WILL NOTICE THAT YOUR HOMEMADE LIP GLOSS LOOKS AND FEELS AMAZING, SMELLS YUMMY AND ALSO LASTS FOR LONG!

